

JESUS IS LORD!

TRINITY FELLOWSHIP CHURCH

Sports Ministry
Team Genesis & LOVE Swimming
Education Ministry
Genesis Academy Christian School

Team Genesis Swim Club & LOVE Swimming October 2009 Minutes (Amendment #1 of 1)

Swim Symposium #2 of 12

Held Thursday, October 1st, 2009 6:00 pm – 8:00 pm
@

“Welcome or Welcome Back!”

Bandana's Restaurant

Festus, Missouri 63028

Self Discipline: If you can tame the tongue, you can tame anything. James 3:1-18

Welcome & Prayer

Coach Rudy welcomed everyone and thanked everyone for coming new and old.

Attendance Report/Roll Call

A sign-in sheet along with a meeting agenda was passed around which will be attached to the original minutes. Members Present: Jenny Hickson, Jamie Methvin, Alice Oates, Rudolph Oates, and Lisa Robinson.

Adoption of the October 2009 Agenda and August 2009 Minutes

Coach Alice presented the October 2009 Agenda and August 2009 Minutes for Approval. Motion was made by Mrs. Jamie Methvin to approve the October 2009 Agenda and the August 2009 Minutes and seconded by Mrs. Lisa Robinson.

Monthly Coaches Report

Coach Rudy said that he knows that we have introduced a lot to our families lately especially Swim America. He said it is a real opportunity not only in skill sets in the Aquatic Programs but employment opportunities for our swimmers and their families. He encourages all of our families and eligible swimmers to become Certified In-Water Coach Instructors and to help the program grow.

Swim America Program Benefits & Costs

We consider very blessed to be awarded a Swim America License. We are the 2nd organization to be granted a license in Missouri. Rockwood School District has held a license for a few years now. When Swim America came in we now no longer do our Learn to Swim Program or Youth Fitness Program. Our athlete membership class is either Swim America or Competitive Swim Team. When you finish our Swim America Program our students will know how to swim 300 meters without stopping and be able to do 6 unique strokes. Within 20+ weeks our students will know at least 2 unique strokes.

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Swim America Program Benefits & Costs Continued

There are gaps in skill development in every swimmers program but with Swim America the skills are properly, completely and proficiently developed.

Swim America has 10 stations and at the end of the 10 stations our students will know how to swim. We advance our students as soon they have developed the skill sets of their training station, we do not hold any student back. Our swimmers will be passed only when they have performed not only the advancement goals but the skills for each station (1 through 10).

Once a student has completed station 10 they can go participate in many aquatic sports even swim team because they possess the skill set called good swimming and they are competent in the water. This program was designed by top level USA Swimming Coaches.

Swim America classes costs more than Swim Team because the students have in-water Coach Instructors and it is time intensive whereas with Swim Team there is no in-water Coach Instructor and on deck site supervisor to manage the in-water Coach Instructors. Swim America costs more than available swim lessons because Swim America is: (1) quality controlled, (2) technique driven and (3) goal oriented.

The students are mentally more depleted than in a regular swim practice because from the moment they enter the water they are being tested. Every skill from the minute they start until their class is over they are being tested. If they successfully complete the skills and advancement goals of their class they are promoted to the next station, they are not held back. The Students take ownership in the Swim America Program because they have station cards and they know exactly what it takes to advance to the next station. A great benefit to the students in Swim America is program consistency because students do forget so it is important to maintain their training in the Swim America program.

Swim America is a quality controlled, technique driven and goal oriented class that serves up the same in-water Coach Instruction for each student no matter where they are located in the country or what Swim America Program they are enrolled in at any time. The stations do build off of each other getting tougher and longer as they progress and the students go from 20 minutes to 30 minutes to 45 minutes. Gold Stickers and Advancement cards are given to the Students when they are promoted to the next station all the way through Station 10. The Gold Stickers if lost or misplaced by the student will not be replaced, so it is important that the students do not loose their Stickers that go onto their Swim America Certificates. Right now we have 7 students in station 2; 8 students in station 3; and 2 students in station 4 and this has happened in 1 month but we must realize that we had several students who were already on swim team and they just needed was a little help on a certain skills. As the stations progress it does get tougher.

Currently swim families who train at the Jefferson County Family YMCA do so on Monday's and Wednesday's. We bill the same rate as Rockwood School District because it is the same Program. The parents pay for the cost of the program at the Rockwood School District, it is not paid for by the school district. We bill 12 classes at a time and the Short-Course Swim Season will go from September 2009 through March 2010. The Long-Course Swim Season will go from April 2010 through August 2010.

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Swim America Program Benefits & Costs Continued

Advancement is not based on age it is based strictly on skill set and advancement goals achieved. Everyone starts the same and the students advance at their own level. We have 2 certified in-water Coach Instructors at this time: Christian Oates & Justin Oates. They are certified for Infants & Pre-school, School-age and Adults.

Mrs. Hickson mentioned that Jacob can only attend on Monday's because of Church on Wednesdays and she was informed that she can actually pick the days that she wants her child to attend. It was also mentioned that if a class date is missed it can be made up if it is within that session. After March 2010 parents will actually be able to pick training dates for their children.

Coach Rudy mentioned that each class is a test and that the way they participate in class is how they test. The students have to focus because it is all technique driven and they are all held to task. The entire class is quality controlled where the students cannot perform sub-par and advance, technique driven where they have to have exhibit proper technique to advance and goal oriented where they have to achieve certain goals in order to advance. The students know when they come in what they have to do and they are mentally zapped by the end of each class. Coach Rudy said they Swim America recommends one class each week and that he recommends especially children who are competitive to do 1-2 classes weekly. Right now many payments can be made on-line and the plan is that by March 2010 all of our new, returning and potential families will be able to make Swim America Program Payments, Swim Team, Technique Swim Clinics, Swim Camps, Personal Best Time Swim Meet Payments, Swim Apparel, Equipment and Supplies, Special Events and Donations on-line at <http://www.shop.loveswimming.org>.

Raffle Ticket Fundraiser

Mrs. Lisa Robinson is coordinating this effort and managing the raffle ticket fundraiser and will give a report at our Monthly Symposium meeting. Each athlete is required to sell 10 raffle tickets and she has received money from several swimmers to date. The money raised is split 50/50 to our Outreach (which is income based) and our Athlete Services Fund (which is not income based). We usually run out of money and our Sponsors have had to help our members keep swimming. Coach Alice said that she will get Mrs. Robinson the Raffle Flyers used each year for the Annual Fundraiser.

10th Annual Awards Banquet

Mrs. Jaime Methvin reported that she is going to try to get invitations to everyone by this upcoming Wednesday because next Wednesday is October 7th and our Awards Banquet is November 15th and we only have 6 weeks. This years Awards Banquet is Hawaiian Theme. It is going to be held at Jefferson Regional Memorial Center on Sunday, November 15, 2009 at 4:00 p.m. Coach Alice mentioned that we had 5:00 p.m. on the calendar. Mrs. Methvin said that 5:00 p.m. to 8:00 p.m. will be ok. Mrs. Methvin reported that next week she will get the food list out, the invitations out and pass out the flyers for all the families to make a basket or donate a gift so we can do a silent auction. Mrs. Methvin said she wants to get the meat (BBQ) from Bandana's. She said she would like a big roasted pig but that she does not know how to do it. She reported that she will get a guest speaker and will need from swim parents is for everyone to do some type of basket for the silent auction.

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10th Annual Awards Banquet Continued

Mrs. Methvin requested that Coach Alice check to see if Unitec who does Team Flyers can do our invitations on some bright paper – themed invitations (250 invitations). Mrs. Methvin reported that she would like to give out 10 invitations per family (maybe less). Coach Alice interjected that she will need more than 10 invitations. On the Silent Auction Raffle she wants to set a minimum value of \$25 from each family (some type of donated gift to the Team). Mrs. Methvin said she would check to see if Beth Bonds could donate a massage. Mrs. Robinson said that Mr. Robinson may offer patchwork dryland services. Mrs. Methvin asked for suggestions about guest speaker. Mrs. Methvin said she is going to ask Albert Pujol's, Will Witherspoon (Mrs. Methvin felt she could get him to come). Mrs. Methvin said she will ask Annette Ellenburg about Will Witherspoon. Mrs. Methvin said she will call and request Albert Pujol's be our guest speaker. Mrs. Methvin remembered that Will Witherspoon will probably not be available on a Sunday in November because he will be playing football for the Rams – so she will need to scratch him off. Coach Rudy asked about Lou Brock or his son and Mrs. Methvin said she don't know how to get in touch with him. Mrs. Robinson said Brooke would do well if she wasn't so shy when it comes to speaking. Mrs. Robinson suggested Brenden Goforth and Mrs. Methvin suggested that both Brooke and Brenden speak at the Banquet. Mrs. Methvin said the Rams play at noon at Sunday and that she will still ask Will Witherspoon to speak. Coach Alice suggested Dr. Methvin because he has a beautiful testimony. Mrs. Methvin asked Coach Rudy to ask Brooke and Brenden to speak.

Mrs. Methvin went on to report that she is going to work on decorations and will keep it simple because she does not want to spend a lot of money – she said she is thinking about checking clearance items at Wal-mart and that Mrs. Otto may be able to donate some things. Mrs. Methvin reported that she is not going to go overboard on decorations – the Head Table will have a centerpiece. Mrs. Methvin said she will email the budget from last years Awards Banquet so that she has a guideline on what to spend. Coach Alice interjected that she will take care of the awards. Mrs. Methvin requested to pass out last year's yearbook at this years Awards Banquet. Coach Alice told her that she and Mrs. Ouhl were the only ones who ordered yearbooks last year so there were really none to pass out. Mrs. Methvin offered to mail out invitations and Coach Rudy said that everyone rostered in good standing should get an invitation.

Mrs. Methvin said she needs to delegate work out to the swim families for the awards families. Coach Alice gave Mrs. Hickson a description of all of the committees on the Advisory Board. Mrs. Methvin said she is going to conduct a parent meeting after or during swimming next week to give out Awards Banquet assignments.

Parent Program Q&A Discussion

None at this time.

New Business

Coach Alice brought up the Swim-a-thon to be conducted June 26, 2010 from 9am – 11am we have scheduled to have our 1st Annual USA Swim-a-thon. Coach Alice requested again that Mrs. Robinson request the information from USA Swimming and that the information is listed on the website.

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New Business Continued

Mrs. Lisa Robinson said that she will get the information from USA Swimming. Mrs. Methvin said that the Methvins will be on vacation June 26, 2010 and unable to attend the Swim-a-thon. Mrs. Robinson said that we will need to get the information out to the schools by the middle of May and that it will be a good way to raise money for the Team. Coach Alice informed everyone that USA Swimming sends the set-up package to conduct their Swim-a-thon.

Old Business

Mrs. Lisa Robinson asked about the Pre-Season Swim Camp to see if Kristen had achieved Level 1 because she did not turn in her assignments. Coach Alice said that the work is still being evaluated and she will be receiving a letter regarding Kristen's achievement as to whether or not she has achieved Level 1. Coach Alice said that if any assignments were missed then it will have to be completed during another Pre-Season Swim Camp. Coach Alice said since the swimmers sometimes do not attend all of the sessions and receive all of the assignments that it may take more than 1 Camp to complete their level.

Next Monthly Symposium

Coach Alice said that our next monthly Symposium will be Thursday, November 5, 2009 at Catfish Kettle @ 6:00 p.m.

Closing Remarks

Coach Rudy thanked everyone for coming to tonight's symposium.

Adjournment

Meeting adjourned by Coach Rudy.

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