

TRINITY FELLOWSHIP CHURCH

Education Ministry since 1994

Genesis Academy Christian School, Pre-K thru 12th Grade

Sports Ministry since 1997

Team Genesis &

LOVE Swimming

November 13, 2008

Minutes Symposium #3 of 12

@

Tanglefoot Restaurant, Festus, Missouri

Roll Call

Members Present/In Attendance: Jennifer Little, Alice Oates, Rudolph Oates, Mary Ouhl, Katie Reiter, John Scaggs, Kristen Scaggs, Monica Wamble

The minutes from September 2008 and October 2008 were approved and accepted.

Coach Alice announced the appointment of our new **Advisory Board President & Chairman, Mrs. Anne Mahan** and that we are honored to have her.

Katie Reiter said that Mrs. Shirley Coile tape recorded the USMS Board Meeting and will present a report of the USMS Board Meeting at our December Symposium.

Katie wanted to know about grades, their report cards to be able to utilize our Outreach Funds. Back in 2001 we had 60 swimmers access the Outreach Fund and it was being used excessive and another 38 access the athlete services fund. So we had a parents meeting and decided that they had to have a "B" average in school, good attendance, and some community service work (10 hours). It was not hard it was just that we had to show we were dealing with children with good character. Katie interrupted to say that she was talking about the suits not the Outreach Fund.

Katie thought that maybe after Christmas they could bring in their grades at the beginning of the year and at the end of the year. Coach Alice recommended that the parents get with Mrs. Coile. Mrs. Ouhl wanted to know when and if they earn them where will they get to wear the suits. Again, Coach Alice recommended she speak to Mrs. Coile. Mrs. Ouhl wanted to know where the suits can be worn and asked if we could wear on Friday. Again, Coach Alice recommended that she get in touch with Mrs. Coile.

Coach Alice said we do not have a program yet for the suits so it's like putting the cart in front of the horse and we need a program first to earn the suits. Coach Alice mentioned that Rockwood loans the suit out to the kids for special meets and they collect them right back because their club keeps them because the club went out and purchased the suits. Coach Alice suggested that the parents get in touch with Mrs. Coile. Coach Alice also mentioned that the competition and technical suits cannot be worn in a practice. Mr. Scaggs wanted to know the rules on wearing the technical suits for 12 and unders. Coach Alice explained that the suit could not go below the knees or over the shoulder and a few more rules. The suits do make the swimmers go faster.

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"Love one another. As I have loved you, so you must love one another". John 13:34

TRINITY FELLOWSHIP CHURCH

Page 2 of 6

November 13, 2008

Mrs. Ouhl wanted to know if Megan could wear one next year because she will be 13 years old. Coach Alice said in Ozark the rules apply to 12 and unders. Coach Rudy discussed that he graphs the children to check their progress. The standard rule of thumb is that a swimmer drops 1/2 second per year and our swimmers drop 10+ seconds every year for the last 10+ years. Mrs. Ouhl said our swimmers do not wear those suits and have outstanding performances. Coach Rudy mentioned the Atlantic Suits gifted to our Team 4 years ago and that we have our swimmers wear them sometimes if it is for a special occasion.

Mrs. Little wanted to know if the Atlanta suits were used suits and Coach Alice told her no they were “new” just extras – brand new in most cases with the tags still on them. Mrs. Wamble wanted to know if we could use our suits as a fundraiser. Coach Rudy calls them commitment suits and if our swimmers do well enough Speedo will dress them. The goal is to get our swimmers to a higher level.

Coach Alice informed Mrs. Wamble that we have never sold any of these suits. USA Swimming has only said “these suits are to help your program”. Mr. Scaggs said that Mrs. Methvin had told them that there are bunch of suits that you may not have to buy. He would like to see the swimmers get the suits and use the suits. Coach Alice mentioned that we have always used the Atlanta Olympic suits at special team events. Again, Coach Alice recommended that the parents get their suggestions to Mrs. Coile. Mrs. Wamble told us that being on the Board of Football that they had done things like this in the past and it came back and bit them when they put them in auction. It was a big screaming and yelling match because it was assumed it was given to their children. Basically, it came down to that the company wanted the parents to see these suits in practice so that they would buy these suits from that company.

Coach Rudy said that USA Swimming wants these suits to help our swimmers to perform and help our Team and that most of these are performance suits. USA Swimming is competitive and if our swimmers do not continue to get faster we probably will not receive as many gifts for our swimmers.

Mrs. Ouhl said she would love to see the swimmers wear the suits in March, April and May. Again, Coach Alice suggested she get in touch in with Mrs. Coile. Mrs. Ouhl said Megan is getting ready to change age groups, she wants to swim college and she would be motivated if she wear the suits. Mrs. Ouhl would like to see her in the suits. Coach Alice assured Mrs. Ouhl that Megan is going to be fine even though she is going into a tough age group. Coach Rudy reiterated that the 13-14 age group is tough.

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TRINITY FELLOWSHIP CHURCH

Page 3 of 6

November 13, 2008

Mrs. Wamble said she has no clue as to what is going on in swimming especially when older swimmers swim with younger swimmers and Katie explained that the swimmers are broken out into age groups for competition and awards. However; Coach Rudy said some swimmers thrive off of being placed with older swimmers because it motivates them and gives them a boost. Coach Rudy said it is all about Personal Best Times.

Coach Alice mentioned the Indianapolis swim meet had 1,113 swimmers and in 2 days the host team reported revenues of \$39,000. Coach Alice said it was a great meet.

Coach Alice mentioned to Katie to get with Mrs. Coile about Master Swimming and that everyone else needs to get with Mrs. Coile about the gifted suits. The only thing in writing we have received about the gifted suits was from Mrs. Skidmore and Mrs. Methvin to give the suits to the Special Olympic Kids. Katie confirmed this, so she needs to hear in writing from the parents. Katie mentioned that Mrs. Coile has sizes of all of our swimmers.

Coach Alice discussed Mental Toughness for Swim Team Parents. She said that this has been very difficult. She said the swimmers are doing their part but the parents who are not familiar with swimming and the Team adding more swimmers need to attend our symposiums. Coach Alice recommended that all parents go to the USA Swimming Website's parent section. Coach Alice mentioned that our time is pressed and that we do not always have time at practice to visit with parents. She asked that parents bring their questions to the Symposiums. Coach Alice said that a parent should not Coach their child because it slows down their swimmers growth. Coach Alice said this confuses the swimmer and that she deals with this at all swim meets. Coach Alice said if a parent is uncomfortable with the Coach then that parent needs to resolve whatever issues they have with that Coach away from their swimmer and team and if they cannot be resolved then maybe they need to consider another program. Coach Alice mentioned that swimmers are smart and that they are attracted to colleges. Swim teams do interview the parents (i.e. what do you bring to the team). It is a privilege to be on a swim team because there is not enough water and a lot of kids who would like the opportunity to be on a swim team. We are really fortunate that our swimmer have water and are to be thankful. Swimming has really become a phenomenon - it is starting to pay. The number one thing for mental toughness is patience.

Mrs. Wamble wanted to know how we deal with swimmers with disabilities. Coach Rudy told Mrs. Wamble LOVE Swimming is for all swimmers. Mrs. Wamble wanted to know if a swimmer had a special need can they be turned away because of their disability?

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TRINITY FELLOWSHIP CHURCH

Page 4 of 6
November 13, 2008

Coach Rudy said there are certain parameters for these swimmers that are set-up just for them and it is called adaptive swimming. Coach Alice mentioned how the Official at the Parkway Swim Meet protected Hope and accommodated Hope and Mrs. Wamble remembered and understood. Coach Alice said it is hard to trust what you don't understand and this is another reason why our monthly symposiums are so important to educate our parents. It is important to feel good about the Coach that is training your child because your swimmer is invaluable, a true treasure, a gift from God.

Mrs. Wamble asked for a website to find information on swimming and how she can help her child. Coach Alice gave her the website address. Coach Alice said Mental Toughness is more of a faith walk. She needs her parents to be patient. Mrs. Wamble said she goes to IEP's at school and she knows the law, however; she is walking by faith with her child in swimming and that she is doing well. Mrs. Wamble said she feels good about swimming and what it has done and is doing for her child. Coach Alice said that if you cannot trust your child's training to your Coach than there are options like checking out another program, becoming a coach yourself or private instruction for your child.

Coach Alice went on to discuss insurance and how swimmers are not to horse around in the locker room and need to go home after practice unless they are members of the YMCA and are involved in YMCA activities.

Coach Alice informed the parents that the YMCA staff had informed her that our swimmers were misbehaving in the locker rooms (climbing on top of the lockers, etc.) and throwing towels on the floor. Mr. Scaggs wanted to know how the YMCA can tell that our swimmers are trashing the locker rooms. Coach Alice said they are not saying it is our swimmers but they are finding towels on the floor when our swimmers are at swim practice. Mr. Scaggs said that he is totally aware of what happened in the locker rooms. Coach Alice said that our parents should consider supervising our swimmers in the locker room. Mrs. Ouhl said the other children run all over the locker room and Mrs. Scaggs said they are swim lessons children. Mrs. Ouhl does not feel it is our children. Coach Alice said it does not matter, we have still have to control our swimmers. Mr. Scaggs spoke about the locker room situation and said would it help if our swimmers brought their own towels. Coach Alice said no bringing their own towels is not the answer, we just have to continue to encourage our swimmers to behave appropriately.

Coach Alice said that we are going to have situations in the locker room and there are several things we have to be aware of and eventually we will have to have a parent in the locker room. Coach Alice said she has had to spend time in the locker room with the swimmers and they are very energetic, noisy and rowdy.

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TRINITY FELLOWSHIP CHURCH

Page 5 of 6

November 13, 2008

Coach Alice mentioned that there are differences between the swimmers in puberty and the younger swimmers and that the younger swimmers are impacted. Mrs. Wamble and then Mrs. Little was concerned that if a younger child has a problem or mentions a situation regarding an older swimmer that maybe the younger swimmers should have their parents with them in their locker room. Coach Alice mentioned that this is why the symposiums are for Adults because we sometimes have to speak on sensitive subjects. Mrs. Wamble thought that this might be a complaint by the YMCA and Coach Alice said that this was not a complaint by the YMCA but that she had the mom of a 7 year old bring something like this to her attention. Further, these things have been mentioned to Coach Rudy and her by other Swim Clubs.

Coach Alice spoke on YMCA Water Charges and asked for volunteers to help handle the paperwork, collection and payment of water charges and no one was interested in volunteering at the time. In October it took more than 3 weeks to collect on a loan we took out to pay our water charges for our 1st session. We paid the YMCA on 11/3/08 for Session #2 and we still have 3 to 6 families to collect on water charges. So today is the 13th of the month and that is 9 days worth of interest. We only set aside 10% to cover our interest cost. We went over last month, we are going over this month and we had a swimmer that quit which put us in the hole \$34.61. This is a share we lost. We have not received our bill yet on our administrative costs (for supplies, etc.) which is the other 10% that we charge to make sure our records are correct. It is a lot of paperwork and this does not include the phone calls which cost money. We have families now that have already written us letters that they want to pay the water charges in full and not be included in the monthly billing which saves them 10% because they want they want their records kept but they do not want to continue to pay the 10% interest on the loan. However; we still have to bill monthly because we have families, who cannot afford to pay the entire amount in one payment and have to pay monthly. Consequently, we have to keep it both ways, but no matter what we have to pay water charges. Coach Alice asked Mrs. Ouhl to help and she said she could not help to handle the water charges. In October we went over the 10% that we set aside for water charges and we had to use our donated funds to pay the difference. Coach Alice said that swim team makes no money off of their parents - water charges current cost swim team money.

Coach Alice mentioned that we would like to do the first week of winter training out of the country and the second week at the YMCA. She said she will keep us posted on winter training. We do have stock silicone training swim caps available for \$7 for a replacement cap and we are using donated dollars to cover the cost of shipping and 5.00 of the administrative cost.

We will be talking to Mrs. Methvin, Administrative Vice Chair about setting up an athletes services fund because we plan to go to the Olympic Training Center in August 2009.

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Page 6 of 6

November 13, 2008

Mr. Scaggs said to do email and go green and only give out weekly reports on Friday to save on paper and not get duplicate reports. Mr. Scaggs wants to totally eliminate all paperwork and printing. Mr. Scaggs said we could do return receipt and never have to print anything. Coach Alice said the Advisory Board would take all of this under consideration. Mrs. Scaggs said that we should still print bills just eliminate everything else. Mrs. Wamble said her computer crashed and she can't afford to get a new one so she needs her reports. Coach Alice informed them that Mrs. Methvin is in charge of all swim team activities and it is her responsibilities to set-up committees to get things work on swim team. Coach Alice advised everyone to get in touch with Mrs. Methvin to go green. Coach Alice said she gets everything to Mrs. Methvin and then Mrs. Methvin gets necessary information to Andrew to put onto the website. Mr. Scaggs said it was just a suggestion.

Mrs. Ouhl said she has done a lot of work on the Awards Banquet and was upset at the date changed. Mrs. Ouhl said that everything she did must now be changed because of the date change. Coach Alice reminded Mrs. Ouhl that Mrs. Methvin is in charge of the Awards Banquet and that she should keep Mrs. Methvin abreast of her activities on behalf of the Awards Banquet. Mrs. Ouhl said Mrs. Ribaldo said that they cannot attend the Awards Banquet because of the date change. Coach Alice assured everyone that if a person cannot attend the awards banquet that the swimmers will still get their awards.

Coach Alice reminded all of the parents that we have practice tomorrow.

Meeting adjourned by Coach Rudy at 7:30pm

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