

JESUS IS LORD!

TRINITY FELLOWSHIP CHURCH

Sports Ministry

Team Genesis & LOVE Swimming

Education Ministry

Genesis Academy Christian School

Team Genesis Swim Club & LOVE Swimming

March 2009 Minutes

Swim Symposium #7 of 12

Held Thursday, March 5, 2009 5:30 pm – 7:00 pm

@

Pizza Hut Restaurant

127 Twin City Mall, Festus, Missouri 63028

When it comes to competitive swimming American teams have ranked #1 in the world for more than 78 of the past 81 years ... This is the most dominant streak for any team in any sport.

Welcome

Coach Alice welcomed everyone and thanked everyone for coming

Attendance Report/Roll Call

A sign-in sheet along with a meeting agenda and agenda notepad folio was passed around which will be attached to the original minutes. Members Present: Shirley Coile, Jamie Methvin, Rudolph Oates, Alice Oates, Lisa Robinson, and Scott Robinson. Others: Krystin Robinson, Marissa Robinson and Brooke Young

Opening Prayer

Mrs. Jamie Methvin gave the opening prayer.

Open Discussion

Coach Alice reminded everyone what Mrs. Methvin prayed at a Symposium last year “that we need to make sure that Jesus is Lord of our Team”. She reminded everyone that is important that we keep Jesus first.

Coach Alice went on to mention that a lot has been accomplished since the swim season started and that it is very impressive the amount of things that we have accomplished especially since the formation of our Advisory Board. However; one thing that has not been accomplished yet after her review of all of our minutes is to secure a monthly Bible study. She said, we really need to have at least a monthly Bible study to help keep our lives centered. Like the Bible says, “time spent with God is never wasted”. There is always joy when God is near no matter what is going on in your life.

Adoption of Agenda & Approval of February 2009 Symposium Minutes

Motion for approval of the February 2009 Symposium minutes was made by Shirley Coile and seconded by Mr. Scott Robinson.

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Request for a Volunteer to Coordinate Symposium Speakers

Coach Alice explained that our monthly Symposiums were designed with an educational component to help keep our swim families strong and patient. A lot of problems that occur within a swim team are due to lack of education and then understanding. Coach Alice reminded everyone how important patience is to survive in the sport of competitive swimming. The whole purpose of our efforts as Coach is to give our athletes an opportunity to reach their potential in the sport and we need the help and support of our swim families. She said that we all have different talents and in order to reach our potential and become accomplished as a team that we need to come together and become organized. She reminded everyone that we need speakers to come to our Symposiums to enlighten and educate us in different arenas especially developmental issues with regards to our swimmers so that our families can grow in the sport. We all want to help our swimmers become accomplished in the sport. Coach Alice told everyone that we cannot escape the purpose of our monthly Symposiums; they are not just to handle swim team business, we have to have the educational component for the future of our swimmers.

Mrs. Methvin suggested that we do a survey and maybe each family could suggest 1-2 people that they know who could come and speak at our Symposiums. Mrs. Methvin said she will put out a survey to our families to get the names of people who are willing to share their knowledge, education and experiences with our swim families to better help and accommodate our team and its swimmers to grow in the sport

Mrs. Methvin thought that training pools are for the most part rectangular or square. Coach Alice said that this would be an interesting educational component for our monthly symposiums to speak on the history of swimming pools.

Discussion of Back-up Training Pools

Coach Alice mentioned that this is the first time we have had a contract with the YMCA. At the beginning of the Season we considered looking at Jefferson College and Vetta Sports (Concord Sports Complex) to help with our water needs. We still need to consider checking to see how much pools charge to rent a lane, etc. to an outside organization; i.e. by the hour, etc. Coach Alice says that sometimes our current schedule can get confusing with the different start times and that she is going to speak to Mandy to see if it is possible for us to start at the same time and have a set training time each day. Tuesdays and Thursdays have always been later and we may need an option for our younger ones who cannot train that late and even our older swimmers unable to stay up late because attendance is no good on those days. We may consider eliminating Tuesday and Thursday practices and if we are unable to secure water to train earlier we might consider adding that time in 15 minute intervals to other training sessions. Coach Alice asked everyone present to check to see if pools that they know of would consider renting water to us as a back-up training pool. Mrs. Robinson asked about outdoor pools, parks, and hotels and Coach Rudy said it is ok to check with these pools even if they do not have lanes because water is water. Coach Rudy even mentioned that pool size really does not matter because we just to adapt.

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Coach Rudy mentioned that when you ask to rent water as a back-up training pool, people are a little more receptive because they feel we will not be there all the time. Coach Alice asked all those present to take out 5-10 minutes out of their day and call pools in the area to see if they rent water to clubs. Coach Rudy mentioned St. Joe State Park and that it has a beautiful beach and pavilion and would be a great training pool. Mrs. Coile mentioned that she has a pool and can take the 4 year olds☺ For our next Symposium, Coach Rudy asked everyone present to bring in a list of pools that they know of that may consider renting water on a back-up basis.

Mrs. Methvin asked if Team Genesis practices in the morning at the YMCA and what ages could attend. Coach Rudy said we used to do morning practices all the time at the YMCA.

Coach Alice mentioned that a swimmers training year determines the number of recommended practices each week. Coach Alice indicated that LOVE Swimming training groups average about 3 practices a week. Coach Alice said maybe we should consider morning practices too.

Website Discussion and Postings

Coach Alice mentioned that Andrew Reiter was concerned if the minutes posted on the website should be member access only because personal information is in the minutes. Coach Alice mentioned that she called USA Swimming and left a message and that as far as she knew we are to not list the full name and full birthday together. Coach Alice also mentioned that Clubs and even USA Swimming post their minutes, finances, tax returns, plans, program fees, etc. on their websites. Coach Alice said that she mentioned to Andrew that we could consider posting abbreviated minutes to post to our website if we could find a volunteer to abbreviate our minutes.

Coach Alice also went on to discuss the possibility of having current information on our front page, i.e. swimmer of the month, swimmer highlights, news just for this week, possibly a video and maybe even a swimmer of the week, newsletter, etc. Coach Alice mentioned that it would be nice to see a swimmer swimming (actually moving) and music when you click on our website...

Coach Alice mentioned that she had talked to Andrew about training her and Mrs. Methvin to be website administrators. Andrew said it is complex and that he feels for right now he could train Justin. Mrs. Robinson mentioned that her daughter Krystin knows how to do websites. Mrs. Robinson also said that she would be willing to learn to help administrate the website.

10th Annual Awards Banquet Report

Mrs. Methvin reported that the date for the 10th Annual 2009 Awards Banquet is Saturday, November 14, 2009. Coach Alice asked for a timeline on everything that has to be done on the Awards Banquet. She also asked that all present help out. Coach Alice mentioned the need to develop timelines to: coordinate the silent auction, design and send out invitations, collect the swimmers bio for the yearbook and a picture – we will need a realistic timeline for every component of the Banquet. Mrs. Methvin said she will check with the hospital, but the Saturday date may be a problem unless we have it earlier. She will also check with the Holiday Inn. Coach Rudy mentioned we could do it earlier.

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Annual Awards

Coach Alice ask that we consider

1. adding for the **Bible Award** certificates, medals and a scholarship
2. adding for the **Practice Attendance Awards** certificates and medals
3. adding for the **Personal Best Time Awards** certificates
4. adding for the **Swimmer of the Month Awards** trophies
5. adding for the **Most Improved Swimmer** trophies per age group
6. adding for the **Novice Awards** certificates

We will call for a motion to add these items to our 10th Annual Awards Banquet at our April 2009 monthly Symposium.

Mrs. Methvin asked if we can give the Swimmer of the Month Trophy Award out each month beginning in April 2009 (the trophy would be given out at the first practice of the following month which would be May). Everyone present agreed.

Annual Outreach Silent Auction

Coach Alice mentioned that at our last Symposium it was mentioned to request one basket from each family. Everyone present agreed. Mrs. Coile explained that we could have a raffle ticket container at each basket. Mrs. Methvin wondered, do we charge more money for raffle tickets if the basket is more expensive than the other baskets? Mrs. Methvin said she will check with Rockwood to see how they handle their basket silent auction. Coach Alice asked Mrs. Methvin to please follow-up and to let us know at the April 2009 Symposium how she would like to handle the silent auction. Mrs. Robinson mentioned that Mr. Robinson knows wood working. Mrs. Coile mentioned getting donations from different businesses.

Pre-Season Swim Camp Sign-ups

Coach Alice reported that we have 6 swimmers signed-up as of today and the deadline to sign-up is tomorrow.

2009 Spring/Summer Sign-ups

Coach Alice reported that we have 10 swimmers signed-up as of today. Mrs. Coile reminded everyone that the deadline to sign-up is Monday, March 9, 2009. Coach Alice also reported that She has to sign-up our swimmers for the Spring Fling on Monday, March 9, 2009 so meet sign-up paperwork for the Spring Fling needs to be turned in no later than March 9, 2009.

Advisory Board Status, Expansion and Committees

Coach Alice mentioned that right now our Advisory Board is not functioning. All of our families are still being asked to volunteer and help with swim team. Committee applications will be placed in every family's files so that we can get organized and set-up more efficiently for the team. Coach Alice mentioned that Mrs. Coile turned in all of her paperwork, supplies, etc. Coach Alice did mention that she is checking everything in so we are keeping records during this interim to maintain. We need to get our Advisory Board and committees back on-line no later than May 2009.

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Advisory Board Status, Expansion and Committees Continued

Coach Alice said we need to have our Advisory Board and its committees on-line by the end of May 2009 because our expansion will be on-line by June 1st and if we are not ready we will be overwhelmed. This expansion is our “Swim America Program”. Mrs. Methvin asked, “What is Swim America?” Coach Alice explained the program and what it does to everyone present. She also explained how it started and that USA Swimming Coaches designed and wrote the program. Swim America is not in competition with Red Cross, YMCA, etc. because the Swim American Program teaches an athlete how to swim beginning with day 1. The main focus of other programs is to drown proof and waterproof the child. Coach Alice reported to everyone that we already have the license and are completing our training. Coach Alice encouraged all swim families to sign-up for committees.

Coach Rudy reported to the parents that he always has a goal for our swimmers. He said that we are blessed to be with our swimmers and have been coaching for more than 12 consecutive years. He said that there are a lot of transfers in the sport of swimming by Coaches and Swimmers. He said we are just fortunate. Our swimmers feel better and have fun.

March 2009 Symposium Discussion – Age Group Meets

Coach Alice presented a reading from USA Swimming on Age Group Meets. It went as follows: Across the country, swim meets occur almost daily. In fact, USA Swimming sanctions more than 8,000 meets annually. Many of these meets include age-group swimmers, so named because they compete only against other children in their age group. Awards and records are available in each category separately. In fact, many of the nation’s best swimmers have simultaneously held records in multiple age groups.

Swim parents are famous for spending entire weekends watching their kids at swim meets. Age group meets are truly a family affair, and parents often invite other family members such as grandparents to watch. Likewise, parents of the host swim club most often run the meets. These volunteers spend long days at the pool ensuring that the meet will run smoothly according to USA Swimming standards.

Children may move up to different levels of swimming at any time, yet cannot move down below their age group. At age 15 kids become part of the Senior, or Open level, where they may compete with athletes of any age. American swimmers Lillian (Pokey) Watson and Amanda Beard competed and won Olympic gold medals prior to their 15th birthdays, still able to swim in age-group meets.

Unfinished (old) Business

Coach Alice reported that On April 1, 2007 we set-up a book writing project to be completed in 156 weeks, to finish March 28, 2010. Swimmers give their own responses to questions – there is no right or wrong answer. The goal is to finish on March 28, 2010 and the Teams Goal is to have our swimmers book published for their swimming legacy.

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Unfinished (old) Business Continued

Coach Alice passed out our Book Writing Project Program and its questions. Coach Alice has asked Andrew to get this program up on the Teams website.

Coach Alice mentioned that we have to do 4,975 meters by March 13, 2009 to reach our 2008-2009 Short-Course Season goals. If we reach this goal we will have a Team Celebration Pizza Party.

Coach Alice passed out the Swimming Hall of Fame Flyer for our Team Travel Trip in June 2009 to Fort Lauderdale, Florida and explained the Teams plans while on this travel trip.

Coach Alice passed around Liz Smith's medals and showed the courage and perseverance medal that she plans to start giving our monthly starting with the 2009 Spring/Summer Season in April 2009 for souvenirs. She said that alot of Liz's medals were relay medals. Motivation and self-esteem are critical especially during the preliminary preparation and basic training phases of any swimmers training regiment. The medal will be based on training attitude, working hard, ability (what you do with what you have – effort), not giving-up and trying to do it right not just enough to get by and swim meet performance.

New Business

Coach Alice passed out a Marketing piece that sells Millikin University and requested that we put something together like this to promote our swim team.

Coach Alice reminded everyone that our goal is to grow our swim team to 100 but less than 150. At 100 swimmers numerous opportunities open up for our swimmers. She encouraged every swim family to recruit swimmers (family, siblings and friends) to join our swim team.

Coach Alice passed out last years Ad form for review to Mrs. Methvin for our 2008 yearbook to be re-drafted by Mrs. Methvin to get ready to get out for our 2009 yearbook.

Coach Alice mentioned that a mom informed her at Ozark Championships that Drury College where her son went to school takes their swimmers to Hawaii every year for 21 days for their winter training trip. She said her son was a little sad last year because they only went for 18 days. She said the swimmers really love training in Hawaii. She said her son has spent 21 days for the past 4 years in Hawaii on a winter training trips. Her son loves Hawaii. This is why fundraising is so important because it provides opportunities and experiences that last a lifetime that you can only imagine for our swimmers.

Next Monthly Symposium

Mrs. Methvin reported that the next Symposium is Thursday, April 16, 2009 from 5:30 pm – 7:30 pm at Pizza Hut, Festus, Missouri.

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Closing Remarks

Coach Alice complimented, honored and gives credit to Mrs. Methvin and Mrs. Coile because things happened this year that have not happened in a long-time. Coach Alice reported that Our 9th Annual Awards Banquet and our Christmas Party was the first since 2004. She further reported that we have a pro-active and dedicated Advisory Board, a gifted suit policy, a beautiful team website, re-activated our Bible Awards Program and our Swim Awards Store. Plus, she said we have Team travel bags, backpacks, hoodies, swim caps, and warm-ups. Coach Alice reported that 39 swimmers hit the water and 29 are currently on the team. She mentioned that 2 weeks ago we were 130,000 meters behind and now the Team is less than 5,000 meters behind☺ Coach Alice mentioned that Rudy, Jr. told his Dad that when he returns home from Thailand in January 2010 that he wants to train for the Olympics in London in 2012. This is the goal. Rudy, Jr. is still having fun and still loves swimming. This is our plan – this is our goal for all of our swimmers.

Adjournment

Meeting adjourned by Mrs. Methvin

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