



We Swim for Jesus!

“If My people, who are called by My Name, will humble themselves and pray and seek My face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land.” 2 Chronicles 7:14

Bible Verse for Week #27

Life Application notes

1. Solomon had become king and had recently built and dedicated the temple. One night the Lord spoke these words to him. God said that He would hear the prayers of His people (the nation of Israel) from the temple and would heal their land. Just as He could heal their land, He is able to heal the nations of the world today. Just as the Israelites had the opportunity to turn to God for forgiveness, so do we. Don't forget to turn to God in your time of need.
2. Earlier (2 Chron. 6), Solomon had asked God to make provisions for the people when they sinned. God answered with four conditions for forgiveness: (humble yourselves by admitting your sins, (2) pray to God, asking for forgiveness, (3) search for God continually, and (4) turn away from sinful habits. True repentance is more than talk – it is changed behavior. Whether we sin individually, as a group, or as a nation, following these steps will lead to forgiveness. For what words or actions do you need God's forgiveness?
3. When you fall in love, you truly want to get to know the other person, to find out what he or she is really like. God wants us to fall in love with Him, to spend time with Him. God does not want mechanical obedience – He wants our hearts and minds. God wants us to search for Him, His ways, His laws, and His teachings. He wants us to discover where He is and what He is like. We seek Him by reading his Word, by prayer, and by looking for His work in our lives. Seeking God's will face will end only when we are in His presence and see him face-to-face.
4. Humbling ourselves means making an honest estimate of ourselves and then coming to God as we really are, sinners who need forgiveness and healing. We dare not come bragging about how good we are or excusing our sin. Humbling ourselves is difficult, but not embarrassing. We humble ourselves when we acknowledge our dependence on God and ask Him to point out and forgive our sin. What do you need to talk to God about right now?

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“Love one another. As I have loved you, so you must love one another. John 13:34

Team Genesis Swim Club and LOVE Swimming are Sports Ministry's of Trinity Fellowship Church

5. When we are in need, we may feel as though there is no one to talk to, or we may be afraid to share our needs with someone else. God assures us, however, that He will help us when we come to Him in humility. God promises to listen to every prayer when offered with the right attitude.
6. To pray as God describes in this verse means more than merely saying the right words. It means concentrating fully on God. Our prayers should not be mere repetition; they should be sincere, urgent, and heartfelt. Prayer is not a ritual to please God, but personal communication. If our prayers are focused, urgent, and thoughtful, God will respond. What needs to change in the way you pray?

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